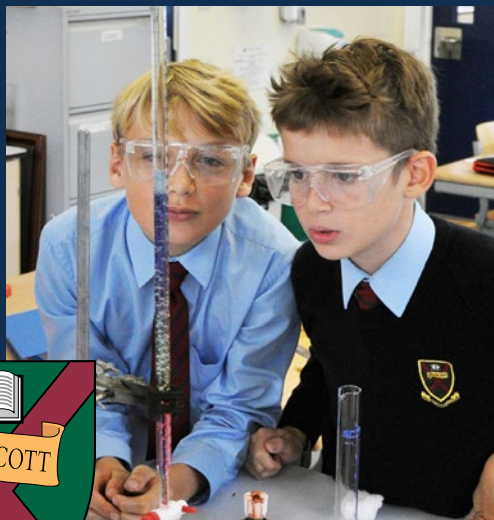


# farnhamsmagazine

sharing life in our community

March 2019





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# farnhamsmagazine

sharing life in our community

THE FARNHAMS MAGAZINE is published by Farnham Royal Parochial Church Council. It is produced quarterly in March, June, September and December and contains village, church and council news. If you have any comments or contributions, as an individual, an organisation or a business, the Editors will be delighted to hear from you.

THE FARNHAMS MAGAZINE aims to be inclusive of all views and organisations. Views expressed by contributors are not necessarily those of the editorial board. Please note that it is the responsibility of people sending in images to the magazine to ensure that parental permission is obtained for the use of images of under 18's. Farnham Royal PCC cannot accept responsibility for such provided images printed in good faith which do not conform to best practice in this area.

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## Contributions and Copy Dates

Copy dates of the next two issues of The Farnhams Magazine are  
Friday April 12 for the June 2019 issue and Friday July 12 for the September 2019 issue.

Publication is targeted at the beginning of the month of issue  
All articles and photographs for the June edition should be sent to:  
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# Editorial

While writing this, I'm looking out at the snow and wondering at the beauty of the season in our gorgeous Farnhams. Since our last edition we have celebrated Christmas and welcomed in 2019. We are now looking forward to spring and the optimism of a new year, new life and all the adventures yet to come.

I had my own adventure getting married to Dan, while Jenny my editorial other half celebrated her Golden Wedding – an impressive 50 years! I shall definitely be asking her for some tips!

In this edition, we have our wonderful regular contributors keeping us up to date with what they've been up to, a new recipe, tips for your garden, your skin and musings from Amanda. I was particularly interested to find out that we have our own local coffee roasters and at this time of year it sounds like the perfect treat. We are so happy to be launching the interschool story writing competition again and can't wait to read the fabulous entries.

Please keep sending in your articles, pictures and suggestions, we love receiving them.

**Paula Morris**



**Credit for the cover:**

**Photo: © Joe Scott**



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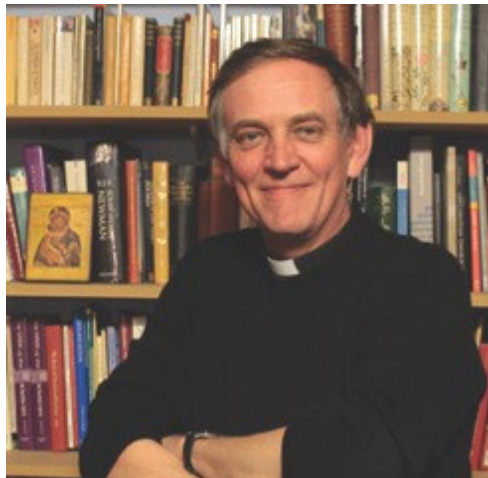


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# Dear Friends

**Rod Cosh**, *Area Dean*, sends words of encouragement to the churches in the Farnhams and Hedgerley.

One of the presents I was given at Christmas was a new book by Fergus Buyler-Gallie called 'A Field Guide to English Clergy'. It tells of clergy such as the Archbishop of York, who was also a pirate, the Vicar who excommunicated his cat for mousing on a Sunday, and many others. I haven't laughed or gasped so much for a long time. It records some of the more eccentric clergy of history. A curate who, I think, fully expected me to be included within its pages, gave it to me. Not in this edition but who knows what the future holds.



Vicars, like everyone else, come in all shapes and sizes with a wide variety of gifts and skills. Finding the right one for The Farnhams and Hedgerley may seem a tall order.

In order to be able to do that, first, you need to know who you are and what you might have to offer to such an important relationship. This is exactly what the joint PCCs are doing at the moment. They are identifying the strengths and weaknesses of the parishes; what they need help with and where they would like to be in the future. Their united desire is to Grow the Kingdom of God here in this part of the world. So that everyone who wants to can always feel welcome in the churches and that the church can reach out and care for others.

Get involved! Talk to someone who you might know, who goes to one of these lovely churches and tell them what you would like to see in a new vicar. Ask yourself, is there anything I might be able to offer towards the work of the church as it tries to support others in the community?

Some people approach a vacancy with trepidation but I think that this is an exciting time when we can all take stock and look to the future with expectation and hope. God certainly has a plan for us here.

If you want to find the right vicar, then first find yourself and allow the Holy Spirit to move you and lead you.



## Some photos from the fabulous “Carols not on the green”



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# Burnham Beeches Bulletin

**Chris Morris** explains how his team are creating veterans for the future.



*Senior Ranger Jake Slattery pollarding a sweet chestnut*

Burnham Beeches owes its name to the magnificent ancient beech pollards that have grown on the site for the last 500 years or more, but as they inevitably succumb to old age and gravity, there are sadly fewer now than ever before. To arrest this decline, over the past thirty years the staff on the reserve have not only been working hard to keep our remaining trees alive, we have also been creating the next generation of pollards that will become the ancient trees of the future – in around 500 years or so!

The creation of new pollards began at around the same time that work started on reducing the weight of the ancient trees. Other than a few trees that were cut in the 50's (unfortunately not very successfully), the ancient trees had not been cut for well over hundred years or so and there was no guidance or book available on how to cut old, lapsed pollards. To minimise the risk of losing ancient pollards through cutting them, the team first carried out experiments on young beech trees in a plantation in Tower Wood. By developing an understanding of which techniques encouraged the best response from these young trees, the team could be confident in using similar techniques on the ancient ones. Whilst their great age means it is almost inevitable that the occasional ancient tree will still

be lost, we have managed to slow the decline in numbers and encouraged some good young growth on the old pollards. Additionally, the new pollards created in the experiments of thirty years ago, and around a thousand others that have been created since, are now themselves part of a regular cutting cycle that means they will gradually become the veterans of the future.

Like all the work on the site, that carried out on the young pollards is guided by our management plan. The current ten-year plan is now coming to an end and it will be reviewed during 2019 to assess progress made and highlight any lessons to be learned. As part of the review process a survey project was started towards the latter part of 2018. The site's Conservation Officer, Helen Read, has a team of 'eco' volunteers who have surveyed each of the young pollards, noting if they are still alive, their vigour, how much dead wood they have and if



*Even though young, this pollard already has some of the characteristics of a veteran tree*

any are suffering from squirrel damage. This was also an opportunity for the team to add further details to the records for some of the trees. In November 2018 a degree student from Belgium joined us on a four-month placement.

Laura Comhaire has helped with a range of tasks, but as part of her studies she also carried out a project looking at specific features in the young pollards like the habitat for saproxylic (dead wood) invertebrates and the impact of squirrels on the trees. Her surveys and those of the other eco volunteers will help us make informed decisions on what to include in the management of these young trees for the next ten years.



*Placement student Laura Comhaire surveys a young pollard*

Whilst management of the young pollards will be grouped in areas, each tree will have a management plan tailored to its individual needs, as is the case with our ancient pollards. This enables the team to maximise efficiency and minimise movements around the trees whilst maintaining the ability to adapt management techniques to the specific requirements of each tree.

Changing climate and the threats from imported disease have also influenced the creation of new pollards; where in the past we may have cut mostly beech and oak as the next generation of pollards, we are now also cutting hornbeam, holly, whitebeam, sweet chestnut and willow for the veterans of the future. In particular, hornbeam and sweet chestnut decay in a similar way to beech and oak respectively and are therefore good 'replacement' habitat for some of the saproxylic (dead wood) invertebrates for which the site is so important. As the year progresses the team will meet with specialists from various fields to formulate the plan, not just for the young pollards but the whole site, for the next ten years. Later in the

year, once the ideas have been drawn together, there will be an opportunity for members of the public to take a look at the proposals and give feedback to the team. We plan to have an article about this process in the Farnham's magazine later this year.



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## Whole School Open Morning

16th May 2019

## Nursery 'Stay & Play' Sessions

8th May 2019 and 26th June



# Farnham Common Village Schools

*Year Six at Farnham Common Junior School are looking in depth at World War Two this term, writes **Alison Fischer**, Headteacher.*



*Year Six dressed in uniforms from WWII*

In January, they started their topic by coming to school dressed in costume appropriate for the era of World War Two in order to experience a World War Two Day run by the staff. During the day the children learnt what it felt like to be 'picked' to live with a host family and wrote letters home in role. They also learnt what rationing was like in WW2 and how people had to 'make do and mend' and live off the land. In the morning we cooked 'carrot cookies' using available rations. They were surprisingly tasty and nutritious!

The excitement didn't stop there, however, as later in the week Year Six visited RAF Hendon Museum where they got to experience an air raid and learnt what it was like to live in London during the blitz. They dressed up in real RAF uniforms as they learnt about the vital roles that men and women played in the Battle of Britain and how this was a turning point for the war. Particular highlights included seeing an actual spitfire and getting to sit in a WW2 era plane cockpit.



*The carrot cookies tasted delicious!*



*Year Six at RAF Hendon*

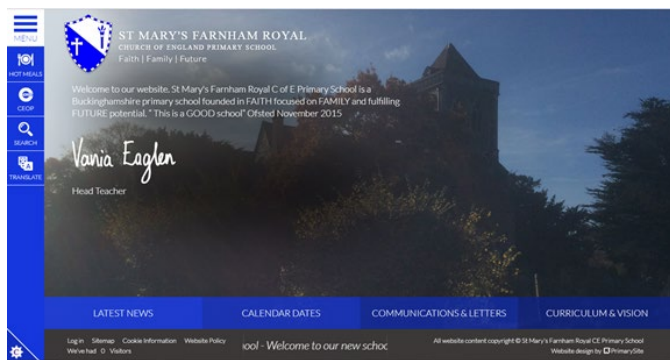


St Mary's Farnham Royal Church of England Primary School

# Farnham Royal School

*Have you seen our new website? **James Farmer** explains that [www.stmarysfarnhamroyal.org](http://www.stmarysfarnhamroyal.org) has undergone a makeover recently*

We feel that our website strongly reflects the family we have at St Mary's and it is vital to not only keep members of our school family up-to-date with all that goes on at school, but it is our public image and it has been great to see how warmly our refreshed site has been welcomed. Why not take a look? We hope it will give you a real sense of what makes our school such a special place.



## Year 4 Visit the Tower of London



The children in Year 4 have been learning about a thousand years of British History and so there was only one place in the country that could reflect all that has happened in Britain across that time.... The Tower of London. If you have never been it is well worth a visit. From viewing the riches of the Crown Jewels to watching the ravens being fed, the children had a wonderful time. The Tower of London is actually made up of 20 different towers added by different monarchs over the years. It has been used as a zoo, a prison, a royal palace, a barracks and was once the home to the Royal Mint.

Year 6 children have thoroughly enjoyed taking part in Lacrosse sessions and have begun developing the skills needed for Parkour or Free-running. Amazing! Wycombe Wanderers Football Club have continued coaching sessions each Thursday after school for KS2 pupils. Our Year 3 children have nearly completed their swimming course and have thoroughly enjoyed learning this important life skill. It has been great to see their confidence grow and shine through.

**If you or anyone you know is looking for a school place for September 2019 then please come and see us. Our school is a very special place to be.**



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# Parish Patch

# FRPC Parish Council for The Farnhams

*As we all look forward to Spring with its longer days and warmer weather, **Judith Hall**, Parish Clerk, welcomes you to the latest edition of Parish Patch, taking a look back at what has been achieved over the last few months and saying a huge thank you to a generous resident.*

## BCC Devolution Contract

It was previously announced that the Parish Council had agreed to enter into a further devolution contract with BCC to protect services such as urban grass cutting, hedge cutting, siding out overgrown footpaths, clearance of Rights of Way and the maintenance of street furniture, for four years to March 2023. Unfortunately, the Parish Council was subsequently advised that BCC had changed its mind following the unitary authority announcement and would now issue contracts for only one year. Whilst this is extremely disappointing the Parish Council has been working hard to put in place service contracts that will ensure that these services are protected and improved until 31 March 2020. A greater emphasis will be placed, within the contract, on performance management to ensure that the Parish Council and ultimately the residents are receiving the very best service from our contractors.

## Emergency Plan for Illegal Encampments

The Parish Council has now formulated an emergency plan for dealing with illegal encampments and entered into an agreement with an experienced enforcement company which means that, if an encampment is set up on land owned by the Parish Council, we will be able to ensure that it is moved on in a swift but ethical manner. Where an encampment is on land owned by a third party, such as South Bucks District Council, we will be strongly recommending that they utilise the services of our chosen company.

## The Mound – Farnham Royal Playing Fields

At the end of last year, plastic membrane, rubber matting and 20 tonnes of topsoil were moved into place to rebuild the mound in the

playground. It is hoped that this spring will see this muddy pile transform into a wonderful feature that can be enjoyed safely by many of our younger residents.

## Dog Waste Bag Dispensers – Farnham Common Sports Club

Farnham Common Sports Club is a wonderful open space and sports facility, which is enjoyed by many residents and visitors. Whilst the majority of users are responsible, there is a small proportion who unfortunately spoil the enjoyment of others by failing to pick up after their dogs. The health issues associated with dog waste are well documented and, following a request from the Club, the Parish Council agreed to install four dog waste bag dispensers. These dispensers have been purchased in an effort to assist and encourage all dog walkers to act responsibly to ensure that this excellent facility is safe for all to use.

## Verges

At the beginning of the year, work was undertaken to cut back hedges at various locations in the Farnhams with a view to reinstating verges to improve not only the look of our villages but to also improve safety for both road and footpath users. As with all things, should you become aware of other areas requiring such action, please let me know.

## Neighbourhood Plan Steering Group

Whilst in the early stages, work has commenced on formulating a strategy for progressing the Neighbourhood Plan. It is my understanding that an initial questionnaire will be issued to all residents in the coming months and I would urge as many of you as possible to take the time to get involved and reply.

## Streetlighting

Last year, in just one month, the Parish Council incurred costs totalling over £1,100 in fixing two streetlights. One had been hit by a vehicle and the other had been shot by an air rifle. The streetlights in our villages are an extremely important fixture and repairs such as those outlined take time to arrange, often causing inconvenience to residents and footpath users. Whilst I appreciate these are the actions of only a few, I would ask for care to be taken by all as these are funds that cannot now be used to improve facilities for the community.

## Kingsway Green

You will have seen an addition to Kingsway Green in the form of a teak bench around the oak tree. Your Parish Council received and approved a request for the installation as a memorial to Anna Morrell, a long time resident of Farnham Common. It is a gift to the community from the Morrell family with the

hope that it will be of service for many years to come.

A family member writes: 'Anna Morrell who died on 26 May 2018 aged 80 had a varied and successful career as a dancer, actor, theatre critic, journalist, entrepreneur and director of the Theatre Royal Windsor. In between she raised three sons who attended Caldicott. Her personality and enthusiasm were infectious and won her many lifelong friends. She was adored by her family.'

The Parish Council sincerely thanks the Morrell family for its donation of such a beautiful bench.

## Annual Parish Meeting

The Parish Council would like to invite all residents to the Annual Parish Meeting on 4 March at 7.30pm in Farnham Royal Village Hall, where they can hear from the Council and local community groups about what has been happening in the Farnhams.



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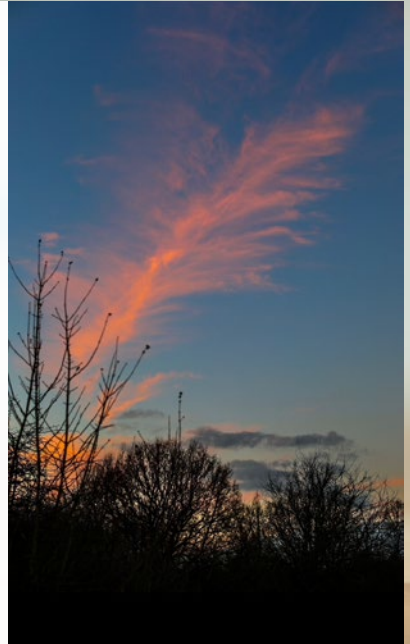
## Story Writing Competition

***Following the huge success of last years story writing competition, we are delighted to announce that we will be running this again with the support of the three schools: FCJS, St Marys and Dair house***

***Watch this space!!!!***

## Photo Competition

***Our Joint winner from this months photo entries -  
Emma Forsyth***



# What makes Speciality Coffee so Special?



The next time you have a cup of coffee, take an extra moment to appreciate the people whose hands and passion produced the cup you're enjoying. If you're drinking a single-origin speciality coffee, appreciate the three degrees of separation between you and the origin of your coffee and the personal relationships between farmers, buyers/importers and roasters. Speciality coffee is very personal. Access to expertly roasted coffee is not just the privilege of speciality coffee shops and cafés. Micro coffee roasters are popping up in neighbourhoods all over the country, eager to please their local communities with freshly roasted speciality coffee and make your connection to coffee a little more personal.

At its heart is a social consciousness, an awareness and a sense of responsibility. In particular, importers/buyers work very closely with the coffee farmers to sustain and improve the quality of their crops, improve their processing methods and engage in many charitable community projects to improve the wellbeing of the farm workers. Everyone in the coffee value chain accepts the premiums paid for speciality coffee to support these goals. The roasters will select single-origin coffee beans that are graded 80 points or above on a 100-point scale as determined by the Speciality

Coffee Association (SCA). Coffee roasting is an art that requires a high degree of knowledge and experience to produce speciality-level roast profiles and to ensure the highest standard of quality and flavour come through in the final roasted bean.

Once the speciality coffee beans reach your local speciality coffee café, the barista is the final coffee professional to complete the lifecycle of the speciality bean. They are deeply informed as to the origin of the coffee bean and how its flavour profiles will be revealed in brewing and ensure each bean reaches its full potential.

As a consumer, by supporting your local speciality coffee roaster or café, not only are you making a commitment to a higher standard of quality of taste and flavour, but also a commitment to a higher standard of living for every person who contributed along the way.

*Roast Lab Coffee Roasters ([www.roastlab.coffee](http://www.roastlab.coffee)) are a family-run micro roastery in Farnham Common roasting a selection of single-origin coffees. Because they roast in small 2kg batches, they are able to roast to order and accommodate personal preferences. They offer beans with roast profiles that match your brewing method. 'Filter' roasts are roasted to a lesser degree to allow more citric and fruity flavours. Espresso roasts are roasted to a higher degree to balance the acidity and accentuate nutty and chocolate flavours when extracted under pressure. They have chosen fluid bed roasting (hot-air) to get the best out of every bean. Hot-air roasting has very accurate and precise heat control for perfect roasts, batch after batch. The beans are roasted in a clean, smoke free chamber that produces a bright flavour profile.*



# Heathrow Airport Consultations and Proposals January 2019

***Jerry Houdret writes:***

Heathrow Airport has launched its second consultation focused on “Airspace and Future Operations.” They are seeking feedback on their proposals until 4th March 2019 and ask for input from the public. I know this is a bit close to your receiving your magazine, but you can also go to one of their “Comments Meetings”.

If you visit <https://afo.heathrowconsultation.com/> you will find a postcode checker and online response tool that can be used to see which of the design envelopes affect us. It shows that the Farnhams is positioned underneath 1 of these design envelopes. These design envelopes are a geographical area within which it is possible to position one or more flight-paths. It does not mean that final flight paths will be spread across the full width of the envelope. The envelopes have been divided to show the heights that aircraft could be flying at for that portion of the envelope. Given that the height of an aircraft affects the noise level experienced on the ground, they would expect aircraft will be flying higher. Over us this height varies between 1,000 and 4,000 feet. However it admits the noise level of at least 17 aircraft an hour will exceed the recommended levels. Plus all the other aircraft per hour!

To help, they have designed new flight paths and want to know whether there are any sites or locations within these envelopes that you think require special consideration by them in determining where future flight paths should be. They are aware that Wexham Park Hospital is under some of their design envelopes. They encourage all the public to provide feedback through their website.

Feedback, together with their design principles and technical requirements, will be used to develop their flight path options. These will be the proposed routes that aircraft will fly and they are planning to hold a further consultation on their preferred options in 2022.

Heathrow is also holding a number of consultation events throughout January and February should you require any more information. Dates and times can be found here - <https://afo.heathrowconsultation.com/wp-content/uploads/sites/4/2018/12/1.-Community-Information-Leaflet.pdf>.

It is really important for the future of our Farnhams patch that as many responses as possible are submitted within the next few weeks.



# Films, friendship and fun...(and cake)

**Peter Lomax** writes on behalf of the Farnham Common Village Hall committee

January saw the launch of an exciting new initiative in Farnham Common with the arrival of The Village Cinema at Farnham Common Village Hall. With a brand new super-size screen and bespoke sound system, the cinema will initially offer two screenings each month:

- A matinee on the 2nd Thursday of the month at 2pm, showing a mixture older classics and more recent releases for adults
- A family-friendly screening on the 4th Sunday afternoon of the month at 3pm, showing movies suitable for children in a relaxed environment

Kicking off the schedule was a showing of *Victoria and Abdul*, which was a big hit with our first audience! They enjoyed the film, a drink and slice of cake as an introductory offer of just £5. Better value than your average latte and cake in most coffee shops, let alone the cost of a cinema. And it's on our doorstep!

Since then, screenings have included *Singin' In The Rain* and a screening of the original *Willy Wonka and The Chocolate Factory*, which gave families the chance to try us out free of charge! Strongly supported and with

fantastic feedback, we are looking to fun filled afternoons for the rest of the year.

"We have a great facility here and our aim is to support our local community and provide the chance for people to come together and enjoy a variety of films – some classics, some recent releases - and to appeal to all ages" said David Banks, one of the Village Hall trustees. "We want to work out what films will be most popular and learn as we go along".

With tickets at very reasonable prices and under 5s watching for free, it's a great value afternoon's entertainment. Children are welcome to bring along their own cushions and bean bags, to spread out at the front and enjoy the show with their friends. People can bring their own snacks and drinks, although drinks and tasty treats will always be available to purchase on the day and proceeds will be used to fund future screenings. It's this kind of informal and community-focused approach, which is gathering tremendous support from the outset. We hope to see you there soon!

Local village estate agent Foreman King has generously agreed to sponsor our first season of films. We would like to thank them for this support, enabling The Village Cinema to deliver great films at great prices for our community.

## What's On At The Village Cinema, Farnham Common?

Day	Date	Time	Film	Certificate
Thursday	14th March	2pm	Sully	12A
Friday	22nd March	8pm	Special Evening Event: Bohemian Rhapsody (With Bar)	12A
Sunday	24th March	3pm	Sherlock Gnomes	U
Thursday	4th April	2pm	Finding Your Feet (NB: 1st Thursday due to Easter holidays)	12
Sunday	28th April	3pm	School of Rock	U
Thursday	9th May	2pm	The Darkest Hour	PG
Thursday	13th June	2pm	Notting Hill	15

We would like to thank Hedgerley Film Club for their support and advice, and are pleased to work with them to ensure great cinema is widely available across our villages. Please refer to the Facebook pages of Farnham Common Village Hall and Hedgerley Village for all film news.

# 1st Hedgerley Scout Group

**Caleb Hildrew**, Patrol Leader, describes how Hedgerley commemorated Remembrance Day 2018

Remembrance Weekend started for 1st Hedgerley Scout Troop when a young man called David came in and talked to us about how WW1 started and how it ended with a peace treaty called the Armistice. We all asked lots of questions and he was thrilled to answer them.

Then on Remembrance Sunday the 11th November the Scouts, Cubs and Beavers met at the Memorial Hall in Hedgerley and proceeded to parade up to the St Mary's Church (with me, a Cub and a Beaver holding our flags alongside the wreath layers). When we arrived at the church we stood alongside the entrance and greeted everyone into the service.

During the service a number of the Scouts did readings and we heard from the Vicar about how we as the 'next generation' should aim to be the Peace Makers for better world in the future.

Then at 11:00am after the trumpet played 'The Last Post', we stood in silence for two minutes and remembered those who fought in WW1 100 years ago and how they lost their lives for our peace. We also remembered the men and women who died and were injured in WWII and those who are unfortunately still serving in the Army, Navy and RAF in conflicts all across the world.

After the service we stood guard on either side of the church doors and said our goodbyes. (We were also given some sweets to say thank you!)

It was quite an emotional day and one to remember especially as it is 100 years since the end of WW1.



# 1st Hedgerley Scout Group

*During our annual Christmas lunch for the seniors in our village, writes **Bob Thorpe**, Group Scout Leader, along with Father Christmas, we were delighted to welcome our outgoing and incoming District Commissioners, Tim L'Angellier and James Slade. They had specifically come along to join the festivities and to make two key awards to members of our Group.*

The first was to a long standing Scout Leader, Paul Hildrew, who after some xx years in Scouting has decided to retire. Paul has been a stalwart member of the Group and the Scout Troop, helping provide fantastic experiences for young people as well as setting them up with 'Skills for Life'.

Tim L'Angellier was particularly pleased to be able to award Paul, the Award for Merit, given for outstanding service of not less than 12 years of which 10 years must be exceptional. This award is not given lightly and was justly deserved by Paul. In addition the Scouts gave Paul a retirement present and a framed letter from our Chief Scout, Bear Grylls.

Thank you, Paul, for your wonderful service to Scouting in general and 1st Hedgerley Scout Group in particular!

The second award was to one of our senior Scouts, who is 14 and moving on to become a Young Leader, with our Beaver Colony, and an Explorer Scout. Daisy Pearson had earned the Chief Scout's Gold Award, which is the highest award that a young person can achieve in the scout section. It is a difficult badge to earn, and to do so a Scout must complete a number of challenges – including learning about the world, teamwork, and adventure. The young people that have earned this award have shown great resilience, commitment, and determination, and should all be rightfully proud. Well done, Daisy - a fantastic achievement!

Both these awards underline how important Scouting is to young people of all ages and diversity.

As Scouts, we believe in preparing young people with skills for life. We are almost entirely run by volunteers, with only one paid post in Buckinghamshire, and we always need more volunteers to help. So, if you can spare a few hours a month and would love to make a difference, come and join the adventure!

It was quite an emotional day and one to remember especially as it is 100 years since the end of WW1.





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# Put the spring back in your skin

**Ramen Athwal** from *True Beauty* gives us her latest beauty tips to help us through the Winter and into Spring

The change of season can cause real skin concerns such as dehydration, blocked pores, hyperpigmentation to name a few. 'I have always struggled with my skin during seasons but I have finally found a routine that has helped me transition with my skin.

## Tip 1: Start Scrubbing...

Snow, rain and other environmental factors can cause a build-up of dead skin. Exfoliation is a key ingredient in skincare. Not only will it slough away dead skin cells, it helps to hydrate, boost circulation and promote anti-ageing. Microdermabrasion is a great treatment to get rid of all that dead skin build-up. The crystals lightly work on the skin leaving it feeling smooth, hydrated and ready to give your skin maximum product benefit.

## Tip 2: Vitamin C boost...

Vitamin C is usually the go-to vitamin when you are feeling run down so why not apply that to your skin. Dermalogica's Biolumin-C Serum is a skin must have for reducing wrinkles, boosting collagen and helping you treat UV exposure.

## Tip 3: Nourish and grow your lashes and brows...

Gaps in your brows? Sparse lashes? Simply apply castor oil every night to your lashes and brows and watch them grow (it can take up to 4/6weeks to see results)

## Tip 4: Tired eyes...

Suffering from dark circles? Fine lines? Time for an eye cream, lightly massage in using your ring finger. Alternatively a slice of cucumber or cold tea bag will help to reduce puffiness.

## Tip 5: Make me up...

Switch your day make up to evening by simply adding a splash of colour on the lips. My go-to's are the signature MAC Ruby Woo, So Chaud and Too Faced Lady Balls.

**Complimentary Dermalogica Skin Mapping and product stockists @ True Beauty.**



# The Garden in Spring

*Eva Marzec of Newleaf tells us what to do in our gardens over the spring.*

***"Awake, thou wintry earth - fling  
off thy sadness!"***

***Fair vernal flowers, laugh forth  
your ancient gladness!"***

*(Thomas Blackburn)*

Finally, the first month of spring is here after yet another long winter. March is the cusp of the gardening year – days become longer and lighter, the ground is warming up and our gardens are starting to burst into life in earnest. Bulbs are brightening up our landscapes and paving the way for early-flowering shrubs and other beautiful blooms and blossoms that will soon be erupting in our gardens.

March winds can still be bitterly cold but help to dry out the soil after any snow and winter rain. Sharp frosts can also still be a threat, despite deceptively mild sunshine and clear blue skies on some days. Even though there still might be some confusion from Mother Nature, we know that everything is nonetheless coming back to life. There is a Chinese Proverb which tells us this, that "Spring is sooner recognized by plants than by men."

Towards the end of the month the clocks go forward, prolonging our daylight hours, providing more opportunity (and less of an excuse!) to spend time out in the garden, however fickle the weather may still be.

## Spring Tasks:

- 'Spring clean' the garden. If nothing else, this is the one job to prioritise. Systematically work through beds and borders from back to front - lightly turn the soil in between plants, gather and remove any last leaves, odd bits of plant debris and even slugs and snails. Weed and cut back any remaining perennials from last year. Remove weeds and moss from paths, patios and drives.
- Mulch. Top-dress beds and borders with a generous layer of good organic matter,

such as well-rotted manure, home-made garden compost or bark chips. Mulching is a beneficial and labour-saving habit to get into – it smothers out annual weeds, holds in moisture and reduces evaporation, saving on watering

- Prune roses. Generally, cut out any dead, diseased and dying wood, crossing, rubbing and weak branches. Prune to outward-facing buds to encourage an open habit and remember the rule that the harder you prune, the more vigorous the subsequent growth will be.
- Prune shrubs. Many shrubs need a good cutting down in March to either induce them to produce new flowering growth, to keep them compact in habit or to produce bright stems for the next winter season. Do not shy away from hard-pruning. As a general rule, if a shrub is fast-growing or late-flowering, you can be brave with the secateurs. For example, *Caryopteris*, *Cornus*, *Fuchsia*, *Lavatera*, and *Buddleia* are all kept neater with hard pruning. Late flowering *Clematis* can also be cut back now.
- Protect young, tender shoots. Hostas and Delphiniums are particularly susceptible to slug damage so be on guard early – prevention is invariably better than cure! Consider using biological control or wildlife and environmentally friendly options, lessening negative impact.
- Tend to lawns. Start active lawn care. Give lawns their first, high cut, re-seed bare patches, apply a first feed towards the end of the month and deal with wormcasts. Worms are at their most active now, with their nuisance activity peaking. Break up wormcasts with a besom broom or wire rake and spread over the lawn, as this is, after all, worm manure. Tackle moss by raking out manually or hiring a scarifier for larger lawns. Afterwards the lawn may look awful for a time – but take heart; it will soon recover and look better than ever

- Deadhead daffodils but leave the foliage alone, however unsightly!
- Plant. Most of us have gaps in the garden that need filling. March and April are wonderful months for planting, allowing plants to establish well before the summer ahead. Mid March is the deadline for planting any bare-root stock.
- Start 'growing your own'. The trend for home-grown edibles – vegetables, fruit and herbs - continues to grow in popularity. Create a dedicated area if you have the space. However, even the smallest garden can accommodate certain crops either in pots, containers, baskets or even in existing beds alongside ornamental plants, so there is no excuse for not making our gardens productive as well as pretty! Onions, shallots, garlic and new potatoes can all be started now.

Trying to keep my article concise for this season, I found myself struggling over and over, reluctantly having to omit tasks and tips. Then it dawned on me why I was finding it so difficult to keep things short and sweet – there is simply so much to be doing in the garden in spring that, however much time we all think we have, we rarely manage to fit it all in! So, with March winds finally blowing away the winter cobwebs, both physically and metaphorically,

let's enjoy any possible moment out in our spring gardens – even with our extra daylight hour, most of us will still find there aren't enough hours in the day for all the gardening we need to do!

After a long winter, we should all make time to reacquaint ourselves with our gardens – it is well worth the effort and the simple beauty of a spring garden bursting into life is enough to lift anyone's spirits. In the words of Winifred Mary Letts:

***"That God once loved a garden  
we learn in Holy Writ  
And seeing gardens in the Spring  
I well can credit it".***

#### TOP 10 SPRING PLANTS

1. Amelanchier lamarckii
2. Camellia x williamsii or C. japonica
3. Chaenomeles x superba 'Knap Hill Scarlet'
4. Crocus vernus or C. tommasinianus
5. Daphne mezereum
6. Forsythia x intermedia
7. Magnolia stellata
8. Narcissus 'Cheerfulness'
9. Prunus sargentii
10. Stachyurus praecox



# Charles Warner Memorial Trust Report: Raleigh International Borneo Expedition

*Over the summer **Katie Somerville** took part in the last ever expedition that Raleigh International undertook in Sabah, northern Borneo, and here she shares an account of her exciting adventures. The 10-week expedition consisted of three phases: a trek, an environmental project and a community project.*



*Trekking through the dense rainforest*

## Trek phase in the Crocker Range

Trek was the most physically challenging of the phases, but very enjoyable and personally rewarding. We walked 80km through the rainforest over 16 days, setting up a different camp each night. A typical day began at 5:30am, camp would be taken down, and we'd walk for 2-6 hours. On arrival at the next site, camp would be set up for that day – this included collecting and purifying water, putting up hammocks and tarps, digging a toilet, setting up the radio and collecting firewood and building a fire – before

cooking dinner on the fire and getting an early night. Improving our teamwork and leadership skills was an important part of trek – each day a different person would be day leader, delegating jobs to the most suitable people to ensure they were all completed. The conditions were very challenging, especially on steep terrain with appalling weather, however the challenges we overcame brought us closer as a team.

## Environmental phase in the Danum Valley Conservation Area

Danum Valley Conservation Area (DVCA) is a 438 km<sup>2</sup> area of primary rainforest. It has a stunning diversity of wildlife, some of which can only be found there, along with 10 primate species including orangutans!

When we visited, we helped with setting camera traps to collect data about wildlife in DVCA, and with the construction of a suspension bridge which Raleigh has been building for the last 5 years. This consisted of carrying 50kg bags of cement, collecting water and gravel from the river, and filling the foundations of the bridge with the concrete mixture. When completed, the bridge will give the conservation area better access, so that DVCA can apply to become a UNESCO World Heritage Site. If attained this would mean that it is legally protected by international treaties. Animals can also use the bridge, creating a wildlife corridor.

## Community phase in Kampung Mempakad

Kampung Mempakad is a small rural village surrounded by palm oil plantations (the main source of income) and home to around 140 people. Before Raleigh arrived, there were no toilets or running water – the closest water source was a spring about a 30-minute uphill walk away. Sometimes, water also had to be bought in for 20 ringgit (£4) per 200 litres.

Raleigh worked in Mempakad for a total of nine weeks over the summer in partnership with the PACOS Trust, with sponsorship from Coca-Cola, and built a gravity-fed water supply system and 3 toilets.

Working closely with the villagers of Mempakad, my group built the third toilet, dug over pipelines and connected them to houses, and held a waste management presentation to raise awareness



*Digging the septic tank hole for the toilet*

about how to correctly dispose of rubbish – the majority of waste there is burnt, including large quantities of plastic. As we were the last group to work in Mempakad, we completed the project, making the whole experience extremely satisfying and rewarding. It also meant that we held an opening ceremony for the toilets and pipes, a day filled with traditional dancing, food and karaoke!

My time in Borneo was an eye-opening experience, and I have made friends across the world. It has hugely impacted the way I live my life now I'm back at home and at university – I make an effort to avoid plastics wherever possible and



*Posing in front of the finished toilet at the opening ceremony*

to reduce the amount of waste I produce. After living in a village where water was such a scarce resource, I no longer take it for granted, and the same can be said for energy, which I try to conserve as much as possible.

It was amazing to see how the work we completed is making a real difference people's lives, allowing communities to develop in a better way, conserving wildlife and contributing to scientific research. The funds provided by the Charles Warner Memorial Trust made an extremely generous contribution to my fundraising target of £3,450, so I'd like to thank the committee for their decision to support my expedition to Borneo.

## Need financial support to assist you with your education or prepare you for a job?

The Charles Warner Memorial Trust may be able to help.

The objective of the trust is to assist young people, in ways that they would otherwise be unable to afford:

- to pursue their education (including the study of music and the arts)
- to provide themselves with tools, instruments or books
- to undertake travel in furtherance of their education
- to prepare for and enter a profession, trade occupation or service

In previous years the trustees have made individual awards of up to £500 but amounts vary according to the merit of the application, the number of applications and the discretion of the trustees.

Applications are invited from young people who will be up to 25 years old but have not reached their 26th birthday by 1st May 2019. They must live, have attended school or work within 'the ancient ecclesiastical parish of Farnham royal' which includes areas of slough on both sides of the Farnham Road, Britwell and much of the trading estate, as well as Farnham Royal and Farnham Common.

Application forms may be obtained from Mrs P Briggs, 01753 662536, [briggspatricia@hotmail.com](mailto:briggspatricia@hotmail.com)

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# Centenary of the Armistice 2018

*Masters and Wardens of the several Livery Companies of the City of London commemorated the Centenary of the Armistice in a special way this year and **Roger Gault**, Past Master Air Pilot, and **Alan French**, Past Master Fruiterer, both residents of Farnham Common, were there in support.*

Following a Service of Remembrance commemorating the fallen at St Paul's Cathedral, the Fruiterers' Company Beadle, Mr Ted Prior, led one hundred gowned Livery Masters, Past Masters and Clerks in procession along Cheapside with the Innholders' Beadle Mr John Cash bringing up the rear.

On reaching the London War Memorial at the foot of the steps of the Royal Exchange they formed up behind the ranks of the Old Comrades Association.

With the Sheriffs in attendance, wreaths were laid first by the Lord Mayor Peter Estlin, then by senior representatives of the Armed Forces, the Emergency Services, the Old Comrades and also by the Chief Commoner of the City of London Mr John Scott. The final wreath was laid by the Master Fruiterer John Warner

Albeit a sombre occasion the colourful robes of the many Livery Companies caught the eye and interest of the public and the many tourists who were visiting the City of London.

Although on this occasion Past Masters Roger Gault and Alan French were resplendent in their regalia they are more normally seen in much more down to earth garb tending the allotment they share in Hedgerley.



*Roger Gault (left) with Alan French*

# Farnham Common Squash Club

The club was successful in raising money so that the courts could be re-plastered and the changing rooms upgraded. We would like to thank all the people who donated money, including the three business that Sponsored the court - UKSOL UK, Global PV Sales and Matt Davies Fitness. If you are a local business and wish to advertise at the Squash Club please contact Jon Varco - [jvarco@btinternet.com](mailto:jvarco@btinternet.com) for details.

We are very keen to increase the membership and cater for all playing standards, so if you would like to get fit this New Year and have some fun doing it please come and have a game. Then relax in the club bar after and debate how lucky, or unlucky, you were in your game!!! We run monthly leagues to help you meet new players and our club coach, Matt Davies, is on hand to provide coaching and new rackets. Please contact Jon Varco, if you would like to have a try at Squash - [jvarco@btinternet.com](mailto:jvarco@btinternet.com)

## The Juniors top of the league at Christmas

We have two teams playing this year in the Junior Bucks Leagues and our Second Team is top of the league at the half way stage of the season. The team is captained by Christopher

Aldridge. His brother Tommy plays at number 2 in the team. This is Christopher's last season of playing for the juniors and he is looking like going out in style. So far this season Christopher has won all five games and leads the team superbly well. Christopher has been attending the junior coaching on Saturday with Matt where we have over 40 children playing on Saturdays, which is great to see. Christopher will be greatly missed by the team and Saturday coaching group. He has been a credit to himself and the club in the way he has played the game and represented the club.

## Farnham Common Adult Club Championships 2018

On the 14th December, our annual Adult Club Championships finals took place. This year two grades were hotly contested for, the A & B Grades.

The juniors were very much involved in the B grade this year, with two players making it to the final. Charlotte Murzynowski faced up against newly crowned Junior Champion Ben Gamblin. The standard showed by these two young talents was awesome! Ben ended up taking his second title in a week, overhauling Charlotte 3-0.

In the A Grade, another junior worked his magic and managed get to the final. A family affair as the Murzynowski's had a second player into a final. Jack faced number 1 seed - Matt Davies, and the match lived up to expectations. The match ebbed and flowed between each player, with only a few points between them at any one time. Matt's grit helped him push to win a very close 3-0 win, retaining the title for the 4th year on the bounce!



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# Birds, Birds, Birds!

**Miranda Krestovnikoff**, TV presenter, author, and President of the Royal Society for the Protection of Birds, came to talk to a large audience in St John's Farnham Common, ahead of the Big Garden Birdwatch weekend in January.

My life is certainly not a long novel - it's a collection of short stories. I have been filming short format films for COAST and The One Show for the last 12 years. I love sharing my passion and enthusiasm for wildlife with an audience, and none better than the home crowd in the village where I grew up, Farnham Common, in their "Buzz Talks" series. Being RSPB president and talking the day before their Big Garden Birdwatch Weekend, I just had to talk about birds.

I'm not what you'd describe as a "birder" but the thing about birds is that they are ubiquitous - even if it's just a pigeon in your garden or a crow flying overhead - we are surrounded by birds and the British certainly have a bit of a love affair with these feathery creatures. I have been incredibly lucky in the past few years to have filmed lapwings inside a prison, immersed myself in the chilly waters around Bass Rock with gannets dive-bombing all around me and held a "puffling" - the chick of my favourite bird - the charismatic puffin. When you start to delve into the lives of birds - you realise how fascinating they are and how much better they are than us at most things. Kestrels are able to hover motionless over their prey at a height of 20m before swooping down with pinpoint accuracy, ducklings are able to communicate with each other even when they are inside the egg, in order to co-ordinate hatching.

But they all need our help - most bird species in the UK are in decline and my beloved puffins made it onto the endangered list recently. We can all do our bit by putting out food and water in our gardens, keeping cats in at night and supporting wildlife conservation organisations who help fund scientific research into species monitoring and habitat protection.

Thank you to all who came and filled St. John's church (and for all the lovely cake afterwards!)

For more information visit [www.rspb.org.uk](http://www.rspb.org.uk) and [www.mirandak.co.uk](http://www.mirandak.co.uk)



*Miranda Krestovnikoff, TV presenter, author, and President of the Royal Society for the Protection of Birds, came to talk to a large audience in St John's Farnham Common, ahead of the Big Garden Birdwatch weekend in January.*



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# JAWS

**Graham Edwards** and friends enjoyed the wonders of cycling in Provence

After an overnight stay near Troyes, we were all excited to be heading south for a week's stay in a Gîte just outside Orange. Our hosts and friends, Richard and Sue who were former members of JAWS, gave us a warm welcome and generous helpings of cold beer and wine. Before we had a chance to unpack, we were off to the village hall to witness the first pressing of the grapes for the season, and were treated to food, and some of the best wines on the Côte du Rhône.

The landscape in this part of the world is spectacular, even by French norms, with many villages nestling in the rocky hills. We were spoilt for choice with our cycling routes, and guided by Richard, we visited many of the famous villages in the area. Wine connoisseurs will be familiar with places like Vacqueyras and Gigondas. The café in the pretty village of Ville Dieu looked like the set from Allô Allô, and the famous town of Vaison La Romaine has one of the best Roman ruins in France.

One of the joys of cycling in France is there is something for everybody. Four of us tackled the big climb up to the top of Mont

Ventoux, which is a regular route for the Tour de France, and is 16km of relentless uphill. The views from the top were definitely worth the effort. Others explored the remote villages and gorges in the surrounding countryside. Each day provided us with a sense of achievement, with the real reward at the end of the day, when you have built up an enormous appetite, combined with a need to quench your thirst. How lucky we were that our hosts were excellent cooks, and provided us with the most delicious four course meals every evening, washed down with complementary wine and beer.

At various times in the week, we took a break from cycling. Together with the non-cycling members in our group, we visited the amphitheatre in Orange, and explored some of the vineyards. Richard recommended the cooperative wine tasting centre in Vacqueyras, which had some excellent Gigondas red wine on tap, straight out of the barrel.

On our final day, Richard promised us some spectacular scenery, and didn't disappoint. If you find yourself in this region, don't miss touring the beautiful Gorges de la Nesque.



*We did it! On top of Mont Ventoux*



*First day cycling*

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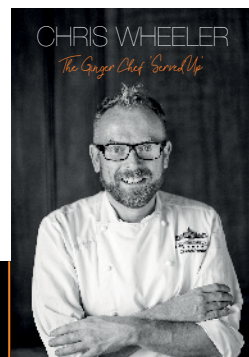
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## REMAP

*It must be wonderful to change the life of someone and help them realise the full potential of their abilities. This is what REMAP engineers do. **Nigel Matthias**, Case Secretary of the charity Remap, tells us more.*



I'm in Stoke Mandeville watching the GB Paralympic Archery team. An archer is firing arrow after arrow into the centre of the target, but more importantly he's doing it whilst sitting on a tripod stool. Roger is an engineer who takes great pride in producing REMAP products of the highest quality and it was great to watch him talking to John Walker MBE and double Paralympic Gold medallist about the benefit of the design he'd produced. Prior to an accident John was himself an engineer. He understands the precision required to take the weight and provide a stable platform to shoot from. Its lightweight construction is intentional, as John often flies off to International competitions and faces the same issues of luggage allowance as the rest of the passengers. The prototype stool helped Kerys Knight win Gold at the Invictus Games.

It's our December Panel meeting (we meet once a month at Amersham Hospital – a dozen or so engineers, Speech and Language and Occupational Therapists, plus myself and our Treasurer). The engineers are playing with Derek's solution to a Health & Safety problem. The rest of us are just speechless that a bed bound gentleman can re-visit his much loved hobby and use his train set on his bed with a ceiling mounted board to raise and lower it. Will it make a difference to the gentleman's long term health prospects? – No, but it will give him a fresh interest in life.

Malcolm has brought in an arm rest for a young man with profound learning difficulties. The arm rest has allowed his fingers to relax and control the touch pad of his microcomputer system much more effectively.

Tom and Alan have picked up a case involving modifying a child's cot so a grandparent can contribute to child care support for her family.

Inam has signed up to a bathroom problem. He's only just finished work on a tray for a wheelchair. Morton is modifying a drink holder for a different client. Roger has just completed a project to link a baby buggy to a wheelchair for a soon to be mother (the photo shows her with her care dog).

Les is our chairman – he's currently working on guidance to the owners of a House Boat; building a ramp for a client with Parkinson's to safely enter and leave the home, and helping with a bed raiser.



A number of our engineers are working collaboratively on a virtual reality feature for a project with PACE which will enable young children to practice and be assessed as competent users of electric wheelchairs using a simulator that rotates, tilts and swivels – and has involved most of the team over the past 12 months.

If you are interested in supporting REMAP or if you wish to refer a case to us then please contact us on [SouthBucksEnquiries@remapgroups.org.uk](mailto:SouthBucksEnquiries@remapgroups.org.uk) or 07961 679137

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# Hedgerley Historical Society

For our first event in the Spring programme we welcome back popular local historian and writer **Julian Hunt** to present the Harry Kirby Memorial Lecture talk on Lord Austin and Lord Nuffield – *Giants of the British Motor Industry* on Wednesday 20th March 2019 at 8pm.

During the first half of the 20th century the British motor industry saw a struggle for supremacy between Herbert Austin and William Morris. Austin designed and built every part of his motor cars at Longbridge, whilst Morris bought in the cheapest components and assembled them at Cowley. When the two firms merged in 1952 to form the British Motor Corporation, Lord Austin had died and William Morris, now Lord Nuffield, was appointed chairman, but the real power was William Lord, a former manager at Cowley who had moved to Longbridge in the 1930s. The talk will feature the personal rivalry between Austin and Morris and how it produced radically different approaches to car manufacture and marketing.



Herbert Austin



William Morris

We will then have a talk on Beatrix Potter Saturday 6th April 2019 at 8pm presented by Anney Harris

Like many people Anney Harris was introduced to Beatrix Potter's stories as a small child. However, her real interest in Beatrix Potter began in 1975 when she was appointed the Mark Longman Librarian at the National Book League (now called The Book Trust), which also included the Linder Collection of original Beatrix Potter art and first editions.

During her five years at the NBL, Anney Harris set up displays of the original watercolours and drawings, and talked to visiting groups of students about Beatrix Potter. She also had the opportunity of taking some of her original artwork and presenting talks in the USA in 1974 for the exhibition at New York University's Grey Art Gallery and later to Boston and Philadelphia.

Just after leaving the NBL and having given birth to her first son, Anney hosted a meeting in her dining room at The Dolls House, Teddington for a group of other professionals working with Beatrix Potter's art or books. This group formed the first committee and launched the Beatrix Potter Society in the Spring of 1980. Anney was the first Secretary and has remained a member over the last 38 years, during most of which she has continued to work as a librarian.

Having retired in 2018 Anney now has a little more time to give illustrated talks and help to spread awareness of Beatrix Potter's remarkable life and the wide range of her achievements as well as the many areas that her legacy still influences.

On the 17th April 2019 we welcome Sarah Stockdale who will describe the life and work of Jane Austen

For many people, mention Jane Austen and the mind defaults to Mr Darcy, Elizabeth Bennet and a polite world of balls and conversation. However, Miss Austen's novels are firmly grounded in her personal experiences and these ranged between the luxurious comfort of her brother's home at Godmersham Hall and the penury of being a dependant living in hired rooms.

The Real World of Jane Austen takes an affectionate and eclectic look at what the life of the middling classes was really like, by drawing on Jane Austen's life and major novels which are more autobiographical than is commonly thought.

What were the fashions of the day? What was the reality of travel? Their diet and mealtimes?

By answering these and other social questions I hope that a particularly interesting moment in history, when society was on the cusp of plunging into the consequences of industrialisation will come to life.

Sarah Stockdale has had a passionate interest in our country's history since childhood which she pursued through university and on into the classroom as a teacher. Sarah changed direction years ago and became a living historian which means that she looks at the way we lived in the past through stories, activities and literature. So often history has been killed in the classroom where it is seen as a sequence of political events. Sarah tries to re imagine how people lived, solved problems and responded to events around them and covers a number of periods, from the mid bronze age, through the medieval and Tudor to the late Georgian and Victorian times, focussing primarily on the skills and jobs of women.

Then on 1st May Prof Sir Frederick Floud will present *Costing the earth: Bucks & English Gardens since 1660*

The gardens of Buckinghamshire and surrounding counties are world-famous: Stowe, Wotton, Blenheim, Waddesdon, Painshill etc. etc. But how much did they cost to make and to maintain? Who paid for them and where did their money come from? How do they fit in to the evolution of the gardening industry? This lecture discusses gardening as part of the economic and social history of our county and of the country as a whole.

Roderick Floud is an economic historian, who has taught at Cambridge, Stanford and London Universities; he has also been Vice-Chancellor of London Metropolitan University, President of Universities UK and, most recently, Provost of Gresham College London. His research has embraced technical change and the history of nutrition and the human body, but he has

recently completed *An Economic History of English Gardens*, which will be published by Penguin later in 2019.

Rob Wassell will visit us on the 15th May to describe the history of Belle Tout Lighthouse at Beachy Head. The talk will include the need for a lighthouse, its construction and recent movement due to coastal erosion. Rob will also cover the history of the Beachy Head lighthouse and life as a lighthouse keeper.

On Saturday 19 May at 8pm Anne Fletcher will present a talk about Joseph Hobson Jagger: 'The Man who broke the bank at Monte Carlo,' who is the subject of her book published in 2018.

Local author and historian Anne Fletcher, Jagger's great-great-great niece will talk about her search for her ancestor's story and how newly discovered sources and the assistance of local history societies helped her prevent his extraordinary life from being lost to history.



Anne Fletcher

Anne Fletcher is an historian and writer and lives in Aylesbury. She has a successful career in heritage and has worked at some of the most exciting historic sites in the country including Hampton Court Palace, St Paul's Cathedral, Westminster Abbey, Bletchley Park and Tower Bridge.



Belle Tout Beachy Head



Beachy Head postcard 1907

Hedgerley Historical Society meet at Hedgerley Memorial Hall Kiln Lane Hedgerley SL2 3UZ.

Further details from John Lovelock 01753-647187 [jdlovelock@btinternet.com](mailto:jdlovelock@btinternet.com)

# Singing for the Brain at St Paul's Cathedral

*Singing for the Brain is a social activity run by the Alzheimer's Society for people with dementia and their carers, writes Sally Pierce. It is based around the principles of music therapy and singing and provides a stimulating and uplifting time for everyone. For many it is their best day of the week.*

Beaconsfield Singing for the Brain Group was very thrilled and honoured to have been invited to take part in the Alzheimer's Society's Annual Christmas Concert in December held in St Paul's Cathedral. The group voted on their favourite carols, choosing Silent Night and White Christmas. The choir consisted of people with dementia, their carers and volunteers, and proved to be a wonderful experience in a magnificent setting. The Men and Boys choir of St Paul's opened the concert with Once in Royal David's City, Carey Mulligan actor was host, and David Walliams, Julian Fellowes and Jonathan Pryce all did readings. We were thrilled that our carols earned a long round of applause from the 2,500 audience.

## Singing for the Brain 10th Birthday Celebrations

Beaconsfield Singing for the Brain Group first met in January 2009 in the Fitzwilliam Centre and has continued to meet there every week since and therefore was very thrilled to be celebrating their 10th Birthday on Friday 11 January. People who had been involved in the group over the ten years, both staff and volunteers, were invited to attend together with our guest celebrities – Fiona Castle, former actor and dancer and widow of Roy Castle, TV presenter and musician, and the Mayor of Beaconsfield Anita Cranmer. The hall was decorated with banners and balloons and a splendid birthday cake baked by Sophie, the granddaughter of two of our members, took pride of place and was duly cut by the two celebrity guests.

We were pleased that BBC Three Counties Radio visited us and interviewed Linda Goddard, Area Manager, who gave a history of Singing for the Brain. Three couples were also interviewed and were able to say what Singing meant to them. Finally volunteer Sally Pierce was interviewed and was able to say how she started at Singing with her partner Roy back in 2009 and after he went into care she became a volunteer and has continued in this role ever since.

For details about Singing for the Brain call Alzheimer's Aylesbury Office 01296 331749.



*Singing carols in St Paul's Cathedral*



*Anita Cranmer cuts the cake with Fiona Castle I. and Sophie*

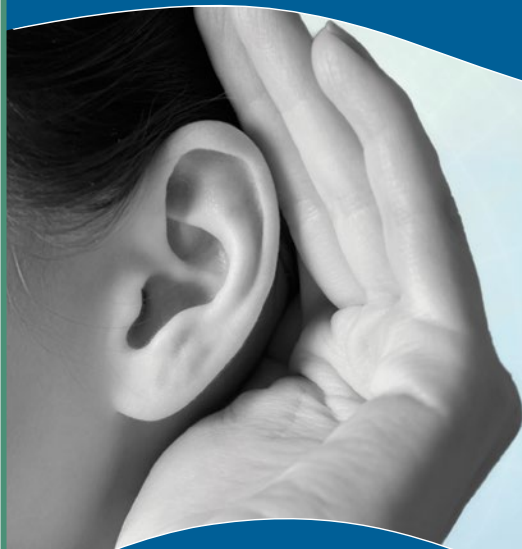
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# SBDC

## SBDC Protect your garden

Unfortunately garden crime is a reality and garden tools left out can be seen as easy pickings for opportunist thieves. According to police statistics, the most likely items to be stolen are mowers, strimmers, chain saws, hedge trimmers, garden furniture and plants.

Nature herself provides one of the best solutions to many garden crimes. With careful thought and planning you can reduce the risk of becoming a victim of garden crime, whilst at the same time creating an attractive garden. For instance you can create an impenetrable hedge, which looks far more attractive than security fencing but is just as effective.

Planting prickly shrubs around vulnerable windows can also serve as a deterrent to the burglar. By careful planning you can produce a beautiful garden and reduce the risk of being the next victim of garden crime.

Criminals do not like climbing through prickly plants and hedges. They know that a small item of ripped clothing or blood can help the police identify them. For a full list of defensive plants please visit:

You can also contact Chiltern District Council and South Bucks District Council's Joint Community Safety team on 01494 586535 and for further crime reduction advice you can visit: <https://www.thamesvalley.police.uk/advice/> [www.chiltern.gov.uk/crimereduction](http://www.chiltern.gov.uk/crimereduction) or [www.southbucks.gov.uk/crimereduction](http://www.southbucks.gov.uk/crimereduction) or follow us on Twitter @csafetycdcsbdc



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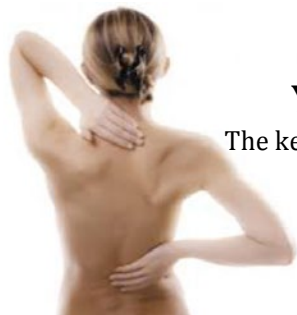


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# Book Review:

I am, I am, I am, a memoir by

Maggie O'Farrell - seventeen brushes with death

Maggie O'Farrell, born in Northern Ireland, is the Author of seven award winning literary titles. This memoir is her first 'reluctant' venture into non-fiction writing, published in 2017.

Mother of three children, her daughter was born with a severe immunology disorder, making her allergic to a host of products and situations which require hospitalization around a dozen times a year. This memoir of Maggie's own near death experiences was written to allow Maggie to come to terms with this fact and to help her daughter in later life to better understand her debilitating condition.

Each incident reads like a self contained essay, some taken lightly, others lingering and life changing. The stories are dated and named after a certain part of the body with an accompanying anatomical drawing. The incidents range from a childhood illness confining her to bed for two years and from which she was not expected to recover; a bravado teenage leap from a deep harbour wall; a mismanaged labour in an understaffed hospital; a near drowning in Africa; a plummeting plane; and a shocking encounter with a murderer on a remote Scottish mountain path.

We see Maggie as a child, student, traveller, wife and mother as the stories cover her life from 1975 up to the present day, the incidents being gathered from notebooks that Maggie has kept from a very early age. The last story about Maggie's daughter's severe allergies is particularly pertinent with several recent tragic cases reported in the National Press.

According to various interviews Maggie was reluctant to accept an advance from her publishers for this book and in fact only received one penny, as she felt she might not be able to complete and submit this very personal account of her experiences.

A thoughtful, resilient read which contains no self pity yet makes one aware of life's diverse luck. It recognises that these 'near misses' must surely change one's perception of mortality. The Book Group shared some of their own past experiences of 'survivor's tales', some bad luck, others lapsed judgements, some sad ones, as we recognised the fragility of life and how difficult it is to talk about mortality.

This book was a brave departure from Maggie's usual genre and 'I am, I am, I am' deservedly went on to become the Book of the Year with The Times, The Sunday Times, The Irish Times, The Telegraph and The Guardian, and was highly recommended by Zoë Ball Book Club reads. Maggie is currently working on her latest novel but has not totally put aside the writing of any future on-fiction titles.

mines, or when the boiler house at the school is demolished, after Jones the caretaker has been so secretive, we expect the worst. Is Rebecca in there? Are we going to find her now?

McGregor plays with our expectations in this novel, which isn't a murder mystery at all, but a contemplation of the effects of loss and uncertainty over the passage of time.



# Library Update

*Coffee mornings, supper, a quiz, ballet, outings, children's events – **Maria Hall** tells us that our Community Library is not just about books!*

We rounded off a successful 2018 with our Winter Coffee Morning on 1st December, with proceeds going to support Hearing Dogs for the Deaf, and our sold-out Christmas Supper on 15th December which was a great success. As always, the great cooking from Ann Tennant and her team and the very enjoyable entertainment from the Stoke Poges Singers were greatly appreciated by all attendees. We also ran a Christmas Literary Quiz, which was won by Mrs Janet Letchford with a great score of 24 out of 25. Janet receives a £20 Amazon voucher which she will hopefully use to buy more books!

To kick off 2019, we had a ticket-only visit to the "Nutcracker" ballet at the Wychcombe Swan on 19th January with seats in the front stalls. We also have a matinee show at the Royal Albert Hall on 17th March with the Royal Philharmonic Orchestra in a programme of songs from the musicals.



Summer 2019 will see the return of the Farnhams Open Gardens on 23rd June. This very popular event will see eight gardens open around Farnham Common, with a plant sale and refreshments available. This event is always a great fundraiser for the Library and organised magnificently by Pat Marshall.

We have a booking for 16th July to visit a show with afternoon tea on board a stationary crane barge moored at King George V Docks in east London which has been completely refurbished and is now a venue for many events. The show is a tribute to Flanders and Swann, who many people will remember for their comic songs.

Later in the year, we'll have other outings planned, including a visit to the Watercress Railway & Milestones Museum in Hampshire, and we already have tickets for the John Rutter Christmas concert at the Royal Albert Hall on 11th December.

In addition to all our events and outings, watch out for our children's holiday arts and crafts activities, with the February half-term sessions based on the theme of "Magic" based on "Meg and Mog" by Helen Nichols and Jan Pienkowski.

And please don't forget, the library's core function is to provide books and encourage reading, so we always welcome current and new members who are looking for some reading matter. In 2018, overall library issues across South Bucks fell by 9%, but Farnham Common only dropped by 4%, so we continue to hold our own. We also gained 14 new members in December, taking our current membership to over 2,100. But as a community library, dependent on donations and volunteers, we always need more users and members, so don't hesitate to visit us!



You can choose the volunteering that suits you – do you want to learn new skills or share those you already have? Want to build on previous experience, or try your hand at something new? Or do you want to just give us a hand?

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## Girl Friday

noun [gɜ:l 'fraɪ.deɪ]

### Definition

1. A 'go to' girl, someone who will help you get things taken care of, someone you can rely on when you are in need of extra assistance; 2. Who acts as a 'jack of all trades' and is capable of doing almost anything; 3. A girl you can count on when you are overwhelmed with your own chores and the duties must be done.



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## From the Archives

**Elisabeth Mills** writes: *We are finishing looking through back copies of the parish magazine for 1952 with news in the September edition of the Wilder Memorial Window in St. John's Church, Farnham Common:*

'On Sunday, August 17th, the Wilder Memorial Window was unveiled. The window has been given by Mr. Henry Wilder in memory of Henry Charles and Cicely Helen Wilder, his mother and father.



'The Revd. Henry Charles Wilder was Rector of Farnham Royal from 1891 to 1908, and it was through his endeavours that the money was raised to build the church of St. John the Evangelist in place of the small mission church which was then at Farnham Common. This church was enlarged in 1924 but is still incomplete. The tower was left unfinished and it was also planned to have a south aisle and chapel. No doubt future generations will one day do this. We in our time have added the Parsonage House.

'The Wilder Window was designed by William Morris and Company. The middle light has as its centre a picture of the aged St. John meditating on the Holy City, the New Jerusalem'.

Moving on to January, 1954, the Rector, the Revd. Charles Warner, gives news of an extension to the churchyard at St. Mary's Farnham Royal. He says 'this has been an urgent necessity and the Parochial Church Council has already taken the preliminary steps to secure this extension. Dare we breathe it – this involves yet further heavy expenditure. The New Year, therefore, must bring in New Money'.

By May considerable progress had been made and it was planned that the land would be consecrated in the early autumn and then be ready for use.

Finally this time, in September there is news that an architect's report showed that extensive repairs were urgently required to the Farnham Common Village Hall if it was to remain in use. The Hall Council of Management had decided that it would be a waste of money to repair the main iron building, and it was proposed to repair the old reading room, which was brick built, and to build a new main hall on the site of the old one.

'This, of course, means money, much money. Phase 1 will cost £300,000 and Phase 2 up to £6,000.00. The first target has been reached and enquiries made concerning grant aid from sundry sources for Phase 2'.



## Hedgerley Women's Institute

*Our new programme of Guest Speakers for 2019 promises a very interesting and entertaining selection of subjects at our monthly meetings throughout the year, writes **Betty Newcombe**.*

In January "Art Therapy" was followed in February with "Serving as a Community Mayor". In March we will hear about "Flowers of the Moment", then "The Life and Times of Queen Victoria" in April.



*Member enjoying "Secret Santa"*

At our November AGM, Jenny Harper-Jones was re-elected President. Pat Fissenden is now Secretary and Joanna Youel Treasurer.

Many special events continue to be organised by the Trustees of the Bucks Federation of W.I.s during the year. One such event was held recently at our Denman College in Oxfordshire, when Charles Hanson, who appears on BBC TV Bargain Hunt and Antiques Road Trip, entertained us with stories of his experiences in the business of Antiques as an Auctioneer and Valuer. He also commented on and valued items which members took to the event. His enthusiasm and passion for his work, and his sense of humour, was enjoyed by everyone.

We were then served a traditional afternoon tea. Thanks to Rosemary Followell once again for organising transport and lunch so efficiently. It had been such an enjoyable way to spend a grey and misty November day.

Our Christmas Party was a jolly celebration with festive food, musical entertainment from the Banjo Players, and our usual Secret Santa.

Our Pancake morning will be held on Saturday March 2nd at 10.30am until noon, in the Memorial Hall Hedgerley – a delicious way to spend a Saturday morning.

In 2020 the Bucks Federation of W.I.s celebrates its Centenary and W.I.s throughout the County are planning to mark the event in special ways, culminating in a big Centenary Birthday Party at Waddesdon Manor. A Village Book will be created, with contributions from individual W.I.s in Buckinghamshire. Pennants are being embroidered, scarecrows assembled, and there will be a Parade of Banners, to mention just a few events. So busy times ahead.

Our thoughts are with the family and friends of Joyce Handcock, fellow Hedgerley W.I. member who sadly died recently.

We welcome all Guests and Visitors to our meetings which are held on the 3rd Thursday each month at 2.30pm in the Memorial Hall, Hedgerley. Please contact Jenny Harper-Jones on 01753 643872.



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# Moroccan Cinnamon Spiced Chicken Dwez

On a visit to her friend's house for lunch, **Sanita Sharma** was enchanted by the aromatic smell of her cooking. To her delight it was her Moroccan Cinnamon Spiced Chicken Dwez.

My friend's family are from Morocco and she explained that in her culture any quarrel can be resolved once this dish is cooked. It's what brings us together. She laughed and told me that food is the heart of her culture, it's what everyone talks about, a little like how we talk about weather in this country!

A Dwez is a popular dish cooked all over Morocco. It's popular because of the delicate balance of flavours you can create from a handful of spices and simple ingredients. It is also super easy to make, it's a one pot dish which can be enjoyed with rice or cous cous and is a firm favourite because of how easy it is to make.

## Ingredients

- 250 grams of chopped bite size skinless chicken breast (you can use lamb instead)
- 250 grams of chopped bite size skinless chicken thigh
- 3 large onions sliced
- 4 garlic gloves finely diced
- 500 grams of chopped carrots (or any other root vegetables)
- One large bunch of freshly washed chopped coriander
- A large glug of olive oil
- 2 cubes of chicken stock
- One teaspoon of ground pepper
- One tablespoon of turmeric
- One teaspoon of cinnamon powder
- One heaped teaspoon of garlic powder
- One tablespoon of ground coriander powder
- A generous pinch of saffron



## Method

In a large non stick pot gently fry the onions in olive oil over a medium heat stirring until soft.

Add the chopped coriander, cook over a low heat for a minute. Add the chopped carrots and return the lid on the pot over a low heat. Add the spices and chicken and stir thoroughly. Make up some chicken stock with a pint of water. Add the saffron to the chicken stock and pour into the pot.

You will need enough liquid to cover the chicken and vegetables. Cover with a lid and cook on a low/medium heat for half an hour. Check to see if it's cooked, if not allow a further 10-15 minutes.

**Follow Sanita Sharma on Instagram – [the\\_asian\\_larder](#) – for more recipes.**

# Farnham Common Open Gardens

If you're a garden lover or simply fancy an enjoyable afternoon out for a good cause, then the annual Farnham Common Open Gardens is for you! This annual event will take on Sunday 23rd June from 1-5pm and will feature eight or nine beautiful, local gardens. Their owners are looking forward to talking to you about their horticultural creations, and in addition there will be a plant sale and a raffle. After a few hours walking round, you can refresh yourselves with tea and cakes in some of the gardens.



Tickets will go on sale in May and can be purchased from Pat Marshall (marshallpat@hotmail.com) and Farnham Common Community Library. All funds raised will go towards the library.

This is a very popular village event, so if you are able to help in anyway, Pat would love to hear from you. She is currently looking for donations of raffle prizes, homemade cakes and plants to sell on the day.

So spread the word, bring your friends and don't forget to take a look at our dedicated Facebook page - [fb.me/FCOG2019](https://www.facebook.com/farnhamcommonopen gardens) - for photos of the gardens being featured, news and more!

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## Southmead Surgery

**Sue Hazell**, the Practice Manager, sends belated Happy New Year wishes from all at Southmead Surgery.

Are you aware that we now offer appointments with a GP and a Paramedic on a Thursday evening? These are routine, pre-bookable appointments. We also have our Monday early morning clinics starting at 7:10am. We can also book you morning, evening and weekend appointments at other local surgeries, please speak to our Receptionists.

If you make any appointment and then don't need it, PLEASE cancel it. Missed appointments cost NHS England £216 MILLION per year.

If you are planning a holiday this year, please remember to complete a travel vaccination assessment form in plenty of time. The form can be downloaded from our website, or collected from reception. You will then need to call us a week later to be told what you need and book your appointment. Allow at least six weeks prior to travel. Remember some vaccines form part of a course and that there is a charge attached to some.

If your Doctor refers you to Wexham Park Hospital, he or she will write a referral letter. If you have any queries relating to your appointment, please call the PALS (Patient Advice & Liaison Service) Office on 01753 633365. Please do not call our Secretary.

Our wonderful Dr Siva has dusted off his running shoes and is yet again embarking on the London Marathon, raising money for YoungMinds. If you would like to support him, please go to <https://uk.virginmoneygiving.com/> and search for Tilly Siva. We wish him good luck with all the training and on the big day! We know he can do it!!



## Better Housing Better Health

*Now that the cold days and frosty nights have arrived, is your home able to keep you warm and cosy? Or does the thought of your winter heating bill leave you feeling cold? **Anna Carlini** has the encouraging assurance that they are here to help.*

Better Housing Better Health offers free impartial advice on cutting your energy bills, finding a cheaper tariff and heating your home affordably and efficiently. In some circumstances we can also offer free home visits and grants and financial assistance so you pay less for energy saving measures such as insulation and boiler replacements.

In November we helped over 100 households, including free home energy visits and locating funding for household improvements. We aim to make this winter warmer for everyone.

If you are worried about any of the above or would like to find out more about how we can help, why not give our friendly team a call on 0800 107 0044 or email [bhbh@nef.org.uk](mailto:bhbh@nef.org.uk).

# Modern Life Madness

**Amanda Silvey** writes:

April showers at the end of May, This will complete your nonsense day. This was the last line of a poem I remember from a school poetry competition aged ten years old. I have no idea who wrote it but I am frequently reminded of it when things are happening that just aren't meant to happen. Like Brexit. None of us know what to expect next and expecting the unexpected just seems like the totally normal and obvious thing to do. Modern life seems to be full of nonsensical things and we pick and choose what we take part in.

Every month there seems to be some fad that different combinations of friends, families, colleagues and the nation at large are all committing to and for different reasons. More often than not it is driven by some celebrity endorsed social media craze like the current #10yearsselfie obsession hitting our facebook and instagram pages, and sometimes there appears to be some charitable benefit associated with it like the ice-bucket challenge that hit us all like a mexican wave a few summers ago, raising in excess of \$115M for ALS, a neuro-degenerative disease research charity. When it's social media driven and passed along your friends via being 'tagged' it can feel like either a popularity contest where you simultaneously want to be included early on to endorse your own social profile, or you hide in fear of the 'tag' as you have no intention of pouring a bucket of ice over your own head or posting a make-up free selfie and don't want to be publicly caught out and branded a spoilsport! The etiquette here still baffles me.

Dry January, Veganuary, Februahairy, Steptember, Stoptober, Movember – I think there is a craze or an event for every month of the year if you're someone who likes to take part in these types of things. The one I have done for the last 3 years is the December Daily Dash. It's a 5K walk or run every day in December in aid of Sue Ryder and set up by a couple of friends who live in Cookham. Once you're committed you just get on with it, come rain or shine, and I love the camaraderie you get from other 'dashers' via strava and other social platforms. It's grown from just 8 dashers 4 years ago to over 400 taking part in December 2018 and raising over £20,000 for Sue Ryder. Perhaps we can have a Farnhams Dashing group for the next one in 2019?

Regardless if you are someone who enthusiastically signs up for all of these or if you are happy just scrolling through your social media feeds and reading about others endeavours, it is obvious that they play a role in our modern life. Either by encouraging people to make a positive change, by creating awareness for a particular cause, or of just making an intervention to the often repetitive nature of the daily modern grind. And if they are able to take our minds off the Westminster shenanigans that are set to get worse over the next few months or even years then I'm up for giving all of them a try.

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# SBDC

## National Bike Week 8-16th June 2019

Property marking is one of many ways that residents can help the police in reducing bicycle theft by ensuring your bike is securely locked when leaving it out in public and not leaving it insecure at home.

Chiltern District Council and South Bucks District Council are encouraging residents to be more conscious of how secure their bikes are and if they haven't already, get them property marked to reduce the risk of theft. Whilst some bicycles are returned to their owners, for some it's impossible to reunite the bike with its rightful owner because the bike has no identifiable markings on them, or no recorded details such as frame serial numbers and size, make, model, colour or even a photo.

Bike marking is a quick, easy and inexpensive solution to the problem. A simple sticker with your postcode on, stuck to the inside of your bike frame, will inform the police of ownership.

To support the National Bike Week Campaign, Chiltern & South Bucks Community Safety Team will be providing bicycle security marking labels to local residents. If you would like a bike label, please contact [communitysafety@chiltern.gov.uk](mailto:communitysafety@chiltern.gov.uk) with 'bike label' in the subject line or call us on 01494 586535.



As well as marking your bike there are other ways of preventing and reducing the risk of bike theft:

- Keep your bike in a locked garage or shed, as more than half of bike thefts take place from the victims' properties.
- Always lock your bike when you are leaving it, use a strong lock and secure it to a bike rack where possible; as thieves can lift bikes over signposts especially if the lock is loose.
- There are other ways to identify your bike, such as recording and registering it on <https://www.bikeregister.com/> or investing in an electronic tagging system.

For more information about National Bike Week visit [www.bikeweek.org.uk](http://www.bikeweek.org.uk)



Follow us on twitter for community safety updates and crime prevention advice [@csafetycdcsbdc](https://twitter.com/csafetycdcsbdc)



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*Our theme for 2019 is Listen, Observe, Act - in step with God*

Our vision is a world where God's love is shown through loving, respectful and flourishing relationships which members actively pursue by praying, campaigning and enabling others.

We sadly report the death of one of our members, Mrs Joyce Handcock, who died in December. Joyce was an active member of our branch and will be greatly missed.

Over the past months we have enjoyed an outing to Tewkesbury Abbey, attended an Advent Carol Service at Hitcham, and our Diocesan AGM in Abingdon; sent 55 Christmas cards to the Diocese for distribution by the Chaplaincy Team to prisoners; and made 50 Christingles for the service held in Hedgerley. We ended the year with a party and were entertained with songs from Nigel and his friends.

We have knitted blankets for Ronald McDonald House at the John Radcliffe hospital as well as supplying toiletries, snacks and hot drink sachets – we now have a plaque on the supporters' tree in recognition of our contribution. We are also knitting shawls and knitted crosses, and have also sent bags containing toiletries and a soft toy to the Refuge in Slough.

Our forthcoming programme will include a visit to Abingdon on 25th March where our Banner will be paraded for our Lady Day Service. This will be the occasion of the Commissioning of our new Diocesan President, Maureen Weston. Our monthly meetings include a talk by Lloyd Butcher from Save the Children on 2nd April; a visit to Colnbrook Church on 7th May, a garden party on 4th June; a talk on our Theme for the year on 2nd July and our lunch on the 6th August. We will also take part in the Wave of Prayer over Easter.

For families interested in praying together, Oxford Diocesan Mothers' Union have produced two booklets entitled "Praying through the Day" and "Praying through the Year". Both can be accessed through the website <http://www.muxoford.org.uk> and click on 'Praying'.

If you would like to join us for some TLC (tea, laughter, chat), you are very welcome. We meet on the 4th Tuesday in the month from 10-12noon at Ben-Venue, Gregory Road, Hedgerley – a morning of fellowship is promised.

We are looking to welcoming new members (male or female) to our Branch and activities, where you will find fellowship, friendship and refreshments as well as interesting discussion. All our meetings take place in the Anstey Lodge, Hedgerley Hill, SL2 3RL (opposite the shops) at 2.00pm – lifts can be arranged if required. All are welcome.



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# Concerts and Events

## Slough Philharmonic Society and Choir



**Saturday 9th March 2019 at 7.30pm in Centenary Hall, Caldicott School**

Slough Philharmonic Orchestra / Daniel Lehardt

Tchaikovsky

Piano Concerto No 1

Bruckner

Symphony No 6

Slough Phil is now in its third year of collaboration with Caldicott School, Crown Lane, to bring the experience of a full symphony orchestra playing live to the local community and to the pupils. Caldicott makes available their Centenary Hall and Steinway concert grand piano for a public concert with a guest pianist on a Saturday evening and the orchestra and soloist return on Wednesday evening to perform for the boys. This year Slough Phil are joined by the brilliant young Hungarian pianist Daniel Lehardt for Tchaikovsky's famous concerto.

**Saturday 11th May 2019 7.30 pm at St Bernard's School, 1 Langley Road, Slough SL3 7AF**

Slough Philharmonic Chorus and Orchestra

Britten      *Matinées musicales* (after Rossini)

Rossini      *Petite messe solennelle*

The large choral work of Rossini's old age, the *Petite messe solennelle*, is neither small, nor is it solemn; in fact it is more like an opera than a religious work. Rossini called it 'the final sin of my old age.' This performance will be in Rossini's own version for full orchestra, chorus and four solo singers. Benjamin Britten's *Matinées Musicales* is a suite of dances, consisting of sparkling arrangements from Rossini's works. It demonstrates Britten's orchestral mastery, and tongue-in-cheek sense of humour.

Visit [sloughphil.org](http://sloughphil.org) for more details, to buy tickets, to join our email list and to find future concerts.

Tickets £15 and £12.50, £10 under 16s/students St Bernard's School



## Voci Chamber Choir

The next concert with Voci Chamber Choir will be on 23rd March, at Holy Trinity Church, Windsor, at 7.30pm. This will be a joint concert with St George's School Chamber Choir, accompanied by Organist Luke Bond. The choirs will join together to sing 'Mass of the Children' by John Rutter, and there will be a variety of other pieces performed by both choirs. This promises to be a fantastic concert, tickets will be available from the Voci website: [www.vocichamberchoir.co.uk](http://www.vocichamberchoir.co.uk).

## Stoke Poges Singers



There was no let-up in the activities of the Stoke Poges Singers over the Christmas period. Following a highly successful winter concert given to a packed audience in St Andrew's Church Centre, SPS was engaged to perform at no less than three local Christmas events. As a community-based choir, we try and support local groups when asked to do so, as hopefully this also provides a showcase to attract new members. We were particularly pleased to lead the singing at the Stoke Poges "Carols on the Green", encouraged by the large numbers of people who joined in.

Since then, the choir has been busy rehearsing for the Spring 2019 concert. This will be a return to the classical repertoire with a performance of the moving and much loved "Requiem" by Mozart. The concert programme will also include Mozart's "Ave Verum Corpus" and Peteris Vask's "The Fruit of Silence".

Conductor Andy Langley is busy assembling an impressive line-up of talented instrumentalists to form a chamber orchestra to accompany the choir in this performance of Mozart's last great work. It will be a night to remember!

Members of other choirs and the public had an opportunity to join with SPS in an in-depth workshop on the "Requiem" at our annual "Come and Sing" day in March. As well as raising funds for the choir, these events can provide a first experience of singing classical music and the joy and excitement of being part of a large corporate sound.

As is usual for all SPS concerts, the proceeds from ticket sales are donated to a local good cause, and the South Bucks Hospice will be the beneficiary from the Spring 2019 concert.

### Dates for your diary

**13th April 2019, Mozart "Requiem" and "Ave Verum Corpus",**  
7.30 pm, St John's Church, Victoria Road, Farnham Common.

**22nd June 2019, Summer Concert on the theme "Colours",**  
7.30 pm, St Andrew's Church Centre, Rogers Lane, Stoke Poges.

Tickets for all Stoke Poges Singers concerts and events can be booked on-line at [www.ticketsource.co.uk/stoke-poges-singers](http://www.ticketsource.co.uk/stoke-poges-singers).

For more information please visit our web site [www.stoke-poges-singers.org.uk](http://www.stoke-poges-singers.org.uk).

## Royal Free Singers

The Royal Free Singers are looking forward to an exciting term. Their next concert is on Saturday 6th April, 7.30pm at Eton College School Hall. They will be performing 'A Sea Symphony' by Vaughan Williams. The choir is greatly looking forward to performing this dramatic and exciting work, with a professional orchestra and soloists. Also included in the concert will be a performance of Strauss' Four Last Songs, with soloist Susan Piggott. Tickets will be available from the choir's website: <http://www.rfs.royal-windsor.com>.

# Little Oaks Montessori

*It was the first occasion that Little Oaks had been to St John's Church, writes the **Rev'd Jan Clark**. Their Nativity Play was a huge success and a real joy to behold.*

The children looked lovely in their costumes – rustic shepherds with their sheep, several stars, brightly coloured kings all assembled round the crib. And they acted so beautifully – there was hardly a moment of stillness! The play was full of songs and actions and they were all so well-behaved. They were obviously thoroughly enjoying it all.

The church was packed with proud parents, relations and friends. It was a very happy occasion with its moments of humour!



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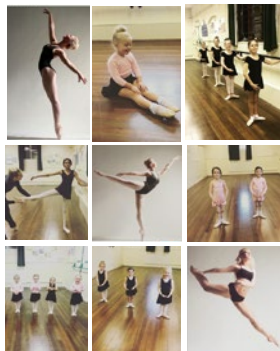
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# SBDC Beat the Burglary

Chiltern and South Bucks Community Safety Partnership is urging people to take a few minutes in January to security mark any valuable new items they may have received as gifts or bought over Christmas.

Many residents will have been lucky enough to have been given iPads, tablets, cameras, new games consoles and new bikes for Christmas, all of which are desirable to thieves. Marking property ensures it can be returned to its rightful owner in the event of it being recovered after a burglary. It also acts as a deterrent to thieves by making the items harder to sell on.

Items should be marked on the back or underneath with a postcode and house number using an ultra violet (UV) pen which are available in most DIY stores.

Larger items, such as bikes, scooters or machinery can be permanently marked using an engraver or etching kit.

Using forensic marking products such as SmartWater and Selecta DNA are also a highly effective way to mark property. A liquid solution is applied giving items either a chemical or DNA code depending on the product used, which is unique to the owner. The solution cannot be seen by the naked eye and is incredibly difficult to remove. It glows under ultraviolet light, allowing the police to detect it.

Chiltern District Councillor Liz Walsh, Cabinet Member for Healthy Communities says: "Property marking is by far the best way to protect your valuables such as jewellery, laptops and antiques. If it's expensive, it's desirable so please get it marked."

South Bucks District Councillor Patrick Hogan, Portfolio Holder for Healthy Communities says: "Unfortunately Christmas offers a lot of opportunities for burglars, bikes and electronic items are worth a lot of money to opportunist thieves, but there are some simple steps people can take to reduce their chances of falling victim.

"A few minutes spent marking your valuables and registering them on Immobilise.com is time well-spent. You stand a much better chance of getting your item back in the unfortunate event of it being lost or stolen."

If you would like a free UV pen email [communitysafety@chiltern.gov.uk](mailto:communitysafety@chiltern.gov.uk) (please note pens are limited to one per household and subject to availability).

To avoid becoming a victim, follow the guidance on our websites:

- [www.chiltern.gov.uk/crimereduction](http://www.chiltern.gov.uk/crimereduction)
- [www.southbucks.gov.uk/crimereduction](http://www.southbucks.gov.uk/crimereduction)
- <https://www.thamesvalley.police.uk/cp/crime-prevention/>



Follow us on twitter for community safety updates and crime prevention advice [@csafetycdcsbdc](https://twitter.com/csafetycdcsbdc)



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# Parliamentary & Council Information

## Member of Parliament for Beaconsfield Constituency

Dominic Grieve MP 02072 196220 email: [grieved@parliament.uk](mailto:grieved@parliament.uk)

## Buckinghamshire County Councillors

Stoke Poges & Farnham Royal	Ralph Bagge Email: <a href="mailto:ralphbagge@gmail.com">ralphbagge@gmail.com</a>	07472 693600
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Farnham Common & Burnham Beeches	Linda Hazell Email: <a href="mailto:linhazell@btopenworld.com">linhazell@btopenworld.com</a>	01628 661024
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## South Bucks District Council

Council Office	<a href="mailto:sbdc@southbucks.gov.uk">sbdc@southbucks.gov.uk</a>	01895 837200
Farnham Royal & Hedgerley Ward	David Anthony Marlene Lewis Dev Dillon	

For Councillor contact details visit [www.southbucks.gov.uk/councillors](http://www.southbucks.gov.uk/councillors)

## Farnham Royal Parish Council Councillors:

Chairman	Paul Rowley	643300
Vice Chairman	Bob Milne	642149
Finance Committee Chairman	Bob Milne John Hodges Roger Home Jennifer Jebson Clive Robinson Marilyn Rolfe Richard Thomas Judy Tipping	

## FR Parish Clerk – Mrs Judith Hall

Email: [clerk@farnhamroyal-pc.gov.uk](mailto:clerk@farnhamroyal-pc.gov.uk) Sherriff House, The Broadway, FC SL2 3QH

Website: [www.farnhamroyal-pc.gov.uk](http://www.farnhamroyal-pc.gov.uk)

Parish Council Meetings are open to the public and press. Public comment may be made, at the invitation of the Chairman, during the first 15 minutes of the meeting. Letters concerning parish matters should be sent to the Parish Clerk who will bring them to the attention of the Councillors. Residents who have matters to bring to the Council's attention are advised that it is more effective to attend meetings in person.

## Next Meetings - (all starting at 7.30pm)

March 4	Annual Parish Meeting, Farnham Royal Village Hall
March 25	Full Council, Farnham Common Village Hall
April 29	Full Council, Farnham Royal Village Hall
May 20	AGM, Full Council, Farnham Common Village Hall
June 17	Finance Committee, Farnham Common Village Hall
June 24	Full Council, Farnham Royal Village Hall
July 29	Full Council, Farnham Common Village Hall

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**MON–FRI: 9am–5.30pm**

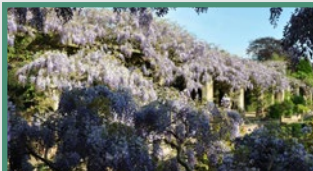
**SAT: 9am–5pm**

**SUN: 10am–4pm**



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[memorial.gardens@southbucks.gov.uk](mailto:memorial.gardens@southbucks.gov.uk)  
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# Church Information

## The United Benefice of Farnham Royal with Hedgerley (Anglican)

During the Vacancy the following services will be held:

On the 1st, 2nd, 3rd and 5th Sundays of the month services will be held in St John Farnham Common at 9.30am, in St Mary Farnham Royal at 11.00am, and in St Mary Hedgerley at 11.00am.

On the 4th Sunday of the month there will be a United Benefice Service at 11.00am. This will be held at the three churches in the Benefice in rotation. Please contact the Church Office (644130) for further details regarding these joint services.

There will also be services of Holy Communion at 10.00am at St John, Farnham Common on the 2nd and 4th Wednesdays of each month.

The pattern may vary slightly depending on circumstances and patronal festivals. For further information please contact the Church Office or check the notice boards outside your local church.

## Clergy

Rector	Vacant	
The Revd Gordon Briggs	52 Freemans Close, Stoke Poges	662536
The Revd Jan Clark	55 Cranwells Lane, Farnham Common	646546

## Church Office

St John's Vestry, Victoria Road, FC 644130

Open usually Wednesdays 9.30am-12.30pm

(Emails and telephone calls will be monitored throughout the week)

Website: [www.farnhamroyalchurches.org.uk](http://www.farnhamroyalchurches.org.uk)

[www.facebook.com/ubfarnhamroyalwithhedgerley](https://www.facebook.com/ubfarnhamroyalwithhedgerley)

For Baptism, Banns and Wedding enquires, ring or email Church Office above.

## Church Wardens

St Mary FR	St John FC	St Mary Hedgerley
Rose Stewart 01628 313713	Prunella Neale 645631	Mrs R Brogden 892076
	Ruth Millsom 646546	

## Other Denominations

### Farnhams & Hedgerley Community Church

Sundays: 10.30am at FC Infants School

Fridays: 10-11.30am 'Pop-in' for parents and toddlers – FC Village Hall

Office Address: 1st Floor Ashley House, the Broadway, FC 648124

### St Anthony's Farnham Royal

Mass: Saturdays 6.00pm Sundays 10.30am Wednesdays 9.15am

Enquiries to Rev Father Nicholas Nwanzi 267918

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**THE UNITED BENEFICE OF FARNHAM ROYAL WITH HEDGERLEY**  
**SERVICES FOR HOLY WEEK**  
**AND EASTER 2019**

**PALM SUNDAY 14<sup>th</sup> April**

9.30am	Parish Communion	St John, Farnham Common
11.00am	Family Praise	St Mary, Farnham Royal
11.00am	Sunday Morning Worship	St Mary, Hedgerley

**MAUNDY THURSDAY 18<sup>th</sup> April**

7.00pm	Maundy Agapé & Vigil <i>(a simple meal, with Holy Communion &amp; short vigil)</i>	St John, Farnham Common
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**GOOD FRIDAY 19<sup>th</sup> April**

11.30am	'Devotions on the Green'	Farnham Common Green
12.00pm	Good Friday Service <i>(with Hot Cross buns afterwards in Brian Jubb Hall)</i>	St. John, Farnham Common
2.00pm	'Last Hour Devotions'	St Mary, Farnham Royal
6.30pm	'Choral Devotional Service'	St. John, Farnham Common

**EASTER DAY 21<sup>st</sup> April**

9.30am	Family Communion	St John, Farnham Common
11.00am	Family Communion	St Mary, Farnham Royal
11.00am	Family Communion	St Mary, Hedgerley

For more information on any of our services, please telephone the Church Office on 01753 644130 or email [unitedbeneficeoffice@gmail.com](mailto:unitedbeneficeoffice@gmail.com)